East Meadow Public Library

YOUNG ADULT NEWSLETTER!

NOVEMBER & DECEMBER 2019

COME AND JOIN THE FUN!

All programs are for students in grades 6-12 unless otherwise noted.

EMCON ANIMEFEST
HALLOWEEN BASH AT THE SAMANEA NY MALL
HIGHLIGHT PICS ON PG. 4
**FALL TREE LUMINARIES**

Tuesday, November 12 @ 7p.m.
Create a festive glowing jar for the fall.
Sign up November 1. This program will take place in the Young Adult Room.

**TEEN MENTAL HEALTH AWARENESS**

1. **STATS**
   - Anxiety disorders affect 25.1% of children between 13 and 18 years old.

2. **SYMPTOMS**
   - Upset stomach
   - Avoiding school
   - Constant worry/stress
   - Hyperfocus on “perfection”
   - Migraines/headaches
   - Emotional outbursts
   - Avoiding socializing
   - Constant need for approval and reassurance
   - Withdrawal from hobbies
   - Meltdowns aka panic attacks

3. **TREATMENT**
   - Therapy
   - Open dialogue
   - Journaling
   - Meditation

**WHAT WAS YOUR SYMPTOM?**

Thursday, November 14 @ 7 p.m.
Come explore the relationship between technology and teen happiness, presented by a Hofstra Graduate student.
No registration. This program will take place in the Young Adult Room.

**APPLE PIE WORKSHOP**

Thursday, November 21 @ 7 p.m.
Learn how to make a homemade apple pie, just in time for the holidays. Students will learn how to make the dough and cut fresh apples for a yummy apple pie.
Sign up November 1.
Location: Speno Park

**Turkey Brushbots**

Tuesday, November 26 @ 7:30 p.m.
Turn a toothbrush into a Thanksgiving robot! Create your Brushbot using simple tools and a tiny motor, then take part in a Brushbot race! Registration begins November 11. This program will take place in the Young Adult Room.

**Mini Zen Gardens**

Tuesday, December 3 @ 7 p.m.
Create a beautiful miniature garden to bring calmness and mindfulness into your day. Sign up November 19. This program will take place in the Young Adult Room.
SNOWGLOBE CRAFT

Thursday, December 5 @ 7p.m.
Make a cute snowglobe to give as a gift, or keep for the holiday season.
Sign up November 19.
This program will take place in the Young Adult Room.

HOLIDAY PLATE CRAFT

Tuesday, December 17 @ 7:30 p.m.
Create a beautiful hand painted plate with a holiday theme. Sign up December 2. This program will take place in the Young Adult Room.

CUPCAKE DECORATING

Thursday, December 19 @ 7 p.m.
Decorate festive cupcakes for the winter season. Sign up December 2. Location YA Room.

DROP IN CRAFT: 3D SNOWFLAKES

Friday, December 27, 11-3 p.m.
Drop into the YA Room between 11 and 3 p.m. and learn how to make 3D paper snowflakes. They are easy to make, and look beautiful hanging in a window, or on a wall. No registration.
HIGHLIGHT PICS

HALLOWEEN BASH AT THE SAMANEAA NY MALL

COSPLAY CONTEST

SWORDSHA & FATHER EVIL

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VENDORS

MUSCIAL GUESTS THE ASTERPLACE

YOUR HOST PEACE

#EMCON  #EMCONANIMEFEST  #EMCON2019  #EMPL  #EASTMEADOWLIBRARY
BRIMSTONE AND THE GRINDHOUSE RADIO CREW

PROFESSIONAL PHOTO OPS BY JOHN F. SHEEHAN

LOCAL ARTISTS

GHOST POKÉMON SCAVENGER HUNT

BRIMSTONE AND THE GRINDHOUSE RADIO CREW

VOICE ACTOR MICHELE KNOTZ

#EMCON #EMCONANIMEFEST #EMCON2019 #EMPL #EASTMEADOWLIBRARY
Directions to Interim Programming Spaces from East Meadow Public Library

**SAMANEA (The Former Source Mall, A.K.A. Fortunoff’s)**
1504 Old Country Rd, Westbury, NY 11590

Take East Meadow Avenue toward Eisenhower Park.
Continue into Eisenhower Park & follow Park Road to end.
Head straight ahead onto Stewart Avenue for ½ mile, at light turn right onto Merchants Concourse. Take Merchants Concourse to 2nd traffic light, then turn left onto Traverse Road. Take 2nd right onto Fortunoff Way. Parking Garage ramp will be on your right. Take ramp up to second floor and park by entrance to Mall.

**East Meadow Benevolent Hall**
170 Maple Ave, East Meadow, NY 11554

Travel time approximately 5 minutes from Library. Head southwest on Front St. Turn left onto Maple Ave. Benevolent Hall will be on the right.

**East Meadow Jewish Center**
1400 Prospect Ave, East Meadow, NY 11554

South on East Meadow Avenue for .5 miles. Turn right onto Prospect Avenue, stay on Prospect for .7 miles. The Synagogue is on your left. Parking is in back.

**Nassau Library System**
900 Jerusalem Ave, Uniondale, NY 11553

Travel West on Front Street for .6 miles. Turn left onto Merrick Ave for 1.2 miles. Turn right onto North Jerusalem Road for 1 mile (this turns into Jerusalem Avenue). 900 Jerusalem Avenue is on your left. It is next to Grace Church.
TOWN OF HEMPSTEAD FACILITIES:

Levittown Hall
201 Levittown Pkwy, Hicksville, NY 11801

Take Front Street northeast to Hempstead Tpk. Turn left onto Carman Avenue, travel approximately 1 ½ miles, then turn right onto Stewart Ave. Continue ½ mile to make left onto Levittown Pkwy. Just before Town Pool/Park, turn right onto Beech Lane. Parking & entrance to Hall are on Bamboo Lane. Travel time: approximately 10 minutes.

Senator Speno Memorial Park
745 East Meadow Ave, East Meadow, NY 11554

Take East Meadow Ave. South. Travel time approximately 5 minutes. Speno Park will be on the left.
Dear Patrons,

I drove to work this morning and looked at the beautiful changing colors of the trees. Fall is here now, I am writing to you about the holidays, thinking that I just did this not too long ago, and experiencing the significance of how quickly time moves.

The Library construction is running apace. As construction goes forward on the majority of the building, we are comfortably nestled into our smaller, cozy space on the west side. Use the East Meadow Ave entrance to the parking lot. Please come and visit us.

You can still take out materials, ask our Reference department those difficult questions, bring teens and children to programs in this space, visit our Geeks for tech help, and enjoy the Library. Or, visit us while you stay at home at www.eastmeadow.info. Don’t forget our new streaming services: Kanopy and Kanopy kids for quality entertainment, Acorn TV for extraordinary international television and film, Great Courses, Test Prep and so much more. Entertainment, classes, the latest news, books, children’s content are all available to you through EMPL’s website as you relax at home. Even over the holidays!

Don’t forget, programming is still active. Our Sunday Performance Series is in full swing. Bring the family to Samanea NY (formerly the Source Mall) to have some holiday fun with The Elder Statesmen before Thanksgiving. In December join us for Brady Rymer and the Little Band that Could, The Kenahora Klezmer Band, Christopher Morrengiello with Renaissance music will set the perfect calming holiday mood. You can find all of these in this Newsletter. OH, YES! By all means, do not miss the Veterans Day Celebration with Swingtime Big Band on Sunday, November 10. Visit the opening of our Veterans Arts Show on that same day.

Our holiday wishes for you all are that you enjoy a happy, healthy, peaceful 2020. Visit the Library throughout the year to discover something new every day, to expand your universe, and to come together as a community.